



ARE YOU A CARER?
**DO YOU GIVE UNPAID SUPPORT TO A RELATIVE
OR FRIEND?**

**If you worry about who will look
after the person you care for if you
have a sudden emergency then
you need CERS**

**CERS is a completely free service which can
help carers plan for the unexpected**

In an emergency help is only a phone call away

**This service is available 24hrs a day 7 days a week to
all carers in Birmingham**

To sign up call us at The Carers Centre

Tel: 0845 468 1338

Email: cers@live.co.uk

WE CARE, WHEN YOU CAN'T BE THERE



CARERS UK
the voice of carers

